

What is our Singapore Thriving at Work Benchmark?

The MindForward Alliance Singapore Thriving at Work Benchmark is a tool of its kind that enables your organisation to measure and evaluate your mental health and wellbeing strategy. It comprises of two parts:

- 1 A workplace mental health assessment**
Evaluate and benchmark your approach in creating a mentally healthy workplace for your employees
- 2 A minimum standards assessment**
Better understand and measure your mental health and wellbeing strategy implementation as compared to other members' businesses in Singapore.



WHAT YOU WILL RECEIVE?



An individual and confidential organisation report.



1-1 advisory support providing report feedback and future recommendations.



A Digital Badge to promote your commitment to employee mental health and wellbeing to your internal/external stakeholders.

HOW WILL IT HELP YOUR ORGANISATION?

- **Data driven gap analysis and reporting:** identify areas for development to inform your future mental health and wellbeing strategy.
- **Benchmarking data:** quantitatively benchmark your organisation's approach against other local organisations.
- **Measure your year-on-year progress:** set KPIs and use the data for reporting to the Board/Exco.
- **Learn from best practices from other organisations:** have access to peer support from MindForward Alliance members both locally and globally

MindForward
Alliance
Singapore

Transforming Workplace
Mental Health

www.mindforwardalliance.org.sg

MindForward Alliance Singapore is a not-for-profit membership organisation transforming workplace culture into one that supports the mental health of its employees.

We believe that the workplace has an opportunity and a responsibility to protect, support and create positive mental health for their people so that they can thrive.

We work with senior business leaders and HR professionals in member organisations and other partners to advance awareness, develop required skills and literacy, and integrate good practice into business operations.

